



OUR PARTNERSHIPS WITH OUR LOCAL COMMUNITY

HARLOW TOWN PARK

In Supported Studies we have been helping at the Walled Garden in the Harlow Town Park, volunteering for Mike and his colleagues every Wednesday. Lead by our professional gardener Annette, students are given set tasks at the beginning of the day. Encouraged and supported by our team of Teaching Assistants, Apprentices and Support Workers, they are praised throughout the day and reminded of the importance of team work, volunteering, exercise and being out in nature.

Some of the aims throughout the day are to ensure the students are educated on how to use various tools, the importance of health and safety and community spirit. The students have a lot of fun in the fresh air, meet locals walking through the park interested in what they are doing and take great pride in the work they do and often create challenges with classmates to ensure they get the job done. They even rescued a frog who was then put back in the pond by a student, and many animal lovers amongst our group enjoy spotting different dog walkers throughout the day. Team work, physical exercise, problem solving and laughs are guaranteed when we visit.

The last few weeks have been focused on clearing the paths from debris from the storm as well as trimming the bushes and overhanging branches to ensure safety when walking through. They placed woodchip on-top of some of the mats by Pets Corner as well as the war memorial flower beds. They have also been clearing around the Paddling Pool getting rid of rubbish, recycling, and leaves which accumulated throughout the winter periods.

Well done to all of our learners that have taken part!

Support Services:

Essex County Council and the NHS Clinical Commissioning Groups across Essex and South-end have commissioned an ambitious project for children's therapy services including speech and language therapy, occupational therapy and physiotherapy.

To find out more:

The Balanced System

<https://www.thebalancedsystem.org/commissioners/essex-project/essex-parents/>

Communications & Media

To find out more information contact:

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To build a business partnership for our learners contact:

Della: dgregory@harlow-college.ac.uk

PAMPER SESSIONS WITH THE HAIR AND BEAUTY TEAM



Many Thanks to the Hair and Beauty Students who are currently undergoing training at Harlow College. Our learners have really loved their pamper sessions. You have all been very kind and helpful.



Harlow College run 'The Salon' where members of the public can book hair and beauty treatments at reduced costs!

Book an appointment now:

01279-868-093

01279-868-095



HUMAN ROOTS OUR COMMUNITY PROJECT

Learners from Supported Studies have recently partnered with a local community project at Stansted Mountfitchet called Human Roots. CEO and founder of Human Roots Community is Keiran Olivier, who is a classically trained chef with 20 years in the industry and recently trained Horticulturist with 3 years under her professional belt but over 9 years of lived experience with garden related growing.

She has been working with our students to grow healthy organic food in a community allotment and share their produce with local food banks and families in need. They reconnect our learners with nature and the soil by teaching them the full food cycle, from planting and growing vegetables and fruit, right through to healthy cooking.

Our learners are developing much needed skills for working towards independence and paid employment as well as developing wider friendships with other volunteers.

Harry who is currently attending twice a week will continue to volunteer here beyond leaving college. He commented 'I love coming here' whilst Robbie said: "I have found Human Roots fun, I learnt lots of knowledge about how the garden is being looked after and the different type of plants they use. I was also able to participate in managing the pots and then putting sunflowers into these carefully and co-operating with other people to make sure they were settled. I had a good experience there and I learnt a lot."

This is a new and exciting opportunity for our students and we look forward to continuing our new working partnership.

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